

# Highlights

*The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!*

- **REACH Air Medical:** Remember that ICSVEBA is in partnership with REACH and pays for your REACH for Life membership in the event you or a household member may ever need emergency medical air transportation and the provider of that transportation is REACH. This includes members and their dependents on any stateside Plan option, as well as, SIMNSA members and their dependents.

This past year, REACH has been growing and now has a much larger network; expanding even out-of-state. Wondering about your children away at college in another state and if they're covered? Yes they are! Children away at college, even if out-of-state, are considered as household members. **So be sure to tell your provider that you always want to request REACH as your primary air ambulance service in order to be covered by the Plan!**

- **Wellvolution:** ICSVEBA members are able to participate in the Wellvolution Program; which includes rewards contests, financial incentives, and a physical activity program called Walkadoo that gives you a Fitbit device for tracking, and more! Members on both the stateside Plan options, as well as, SIMNSA members, will have to register to participate and get their Fitbit at [www.mywellvolution.com](http://www.mywellvolution.com). The first incentive rewards program is from January 26<sup>th</sup> - February 23<sup>rd</sup>. Eligible ICSVEBA employees have a chance to win either a \$10 or \$300 gift card each week through four weekly drawings. Dependents are not eligible to participate. If you win a cash prize, you'll receive an Amazon.com Gift Card on the last day of the program. Please note that drawings are held every Friday for four weeks. You must earn your 500 points during the seven days prior to each drawing. For example, the first drawing is on Friday, February 2, so you must earn your 500 points between January 26 and February 1.
- **Prescription Mail Orders:** Please keep in mind that when you enroll in the mail order program with Express Scripts you receive a 90-day supply of your prescriptions for just a **single** copayment [\$5 generic/\$25 brand/\$55 non-formulary]? A retail pharmacy will have you pay the same for just a 30-day supply (or 3x the copayment if the pharmacy allows a 90-day supply). Please visit [www.express-scripts.com](http://www.express-scripts.com) or contact an RxBenefits member service representative at (800) 334-8134 to enroll. They are available from 5:00 a.m. to 4:00 p.m. PST, Monday thru Friday.

Website...

[www.icsveba.org](http://www.icsveba.org)

[www.deltahealthsystems.com](http://www.deltahealthsystems.com)

[www.express-scripts.com](http://www.express-scripts.com)

Access this site for...

An array of information about your Health & Welfare Plans

Up-to-date Medical claims information

Ordering and tracking your maintenance medications