

Highlights



The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!

- Carrum Health & Bariatric Surgery:** Deciding when to get bariatric (weight loss) surgery can be tough. You probably have many questions but typically you're left to find the answers yourself which can be scary, frustrating, and overwhelming. That's where Carrum Health comes in. ICSVEBA has partnered with Carrum Health to offer a special bariatric surgery benefit. With Carrum Health you get: access to the highest-quality surgeons, no bills and no surprise costs, peace of mind knowing someone is there to guide you at each step. For more information contact Carrum's Care Concierge team at 1-888-855-7806.

- Identity Theft:** As an ICSVEBA member you have access to a value added program for identity theft through IDT. They offer a monthly credit score tracker, credit monitoring, and more! Most importantly, they have restoration services up to a \$ 1 million dollar service guarantee if you are ever a victim of identity theft. Through your employer you are able to purchase an individual membership for \$8.95 a month, or a family membership for \$17.95 a month. A family includes yourself, your spouse, any of your children under the age of 18, and up to four children over the age of 18. See your Human Resources Department if you are interested in signing up for this program.
- Retiring Soon?:** Have questions on Medicare and when to enroll? How is your dependent spouse affected by your retirement? If retirement is on the horizon, please see your Human Resources Department to ensure you are aware of your options for coverage.
- Plush Care and Anthem Live Health Online (LHO):** You may be aware of Anthem's LHO service, which provides you 24/7, 365 days a year access to a provider through the use of your smart device or webcam. But you may not know that as a VEBA member, you also have access to Plush Care, a telehealth solution that gives you access to board-certified doctors any day of the week – all the while letting you skip the waiting room. Plush Care is a great option for you should you not have access to a smart device or webcam. Give them a call the next time you need medical treatment at (866) 460-6205 and discover how convenient care can be. They are available Monday-Wednesday, 5:00 AM–11:00 PM, Thursday-Friday, 5:00 AM-10:00 PM, and Saturday-Sunday, 6:00 AM-6:00 PM. For more information, please visit www.plushcare.com.
- FEEDBACK REQUESTED:** It has come to an understanding that you may have received a separate bill for a facility charge, in addition to, your regular office visit copay, if your primary care provider has an affiliation with Pioneers Health Center in Brawley. If you are someone who has experienced this, and have not yet contacted ICSVEBA about this, we would like to hear from you.

Website...

www.icsveba.org

www.deltahealthsystems.com

www.express-scripts.com