

# Highlights



*The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!*

- Wellvolution:** The ICSVEBA starts its second year of the Wellvolution Walkadoo wellness contests! First contest begins on October 12<sup>th</sup> and runs to November 9<sup>th</sup>. Every time you earn at least 500 points in a week, you have a 1-in-5 chance of winning \$10 or a 1-in-100 chance of winning \$300 each week in Amazon gift cards. You can win more than once and more participants mean more winners! Your odds of winning do not go down if more people participate. Register or sign in at [www.mywellvolution.com](http://www.mywellvolution.com) and request a wireless activity tracker. If you already have a Walkadoo account but need a tracker, or don't already have the Fitbit Flex 2 from last year, simply log in and request it. Wellvolution will mail the tracker to you. It should arrive within five business days. There is a limit of one tracker per subscriber. Your family members can participate but are not eligible for a tracker or rewards.

- Website Reminders:** At the Back to School sessions, a number of helpful websites were reviewed. Please be sure to visit the following websites to find helpful information! 1) Visit Delta Health Systems at [www.deltahealthsystems.com](http://www.deltahealthsystems.com), to view your eligibility and claims information, as well as, print temporary ID cards, request new cards be mailed to you, or search for a provider. You will need your ID card member number to register for the first time. 2) Visit [www.icsveba.org](http://www.icsveba.org) to see what your benefits are using the Summary of Benefits and Coverage (SBC) to get a snapshot, or view the Summary Plan Description (SPD) to review the entire Plan document. You'll also be able to find out who your ICSVEBA Board members are, view all the value added benefits that being an ICSVEBA member has to offer, and see what vendors and networks make up the ICSVEBA Plan.
- FACILITY FEE REMINDERS:** The Back to School sessions talked about some of you who may have received a separate bill for a facility charge, in addition to, your regular office visit copay, if your primary care provider has an affiliation with Pioneers Memorial Health Center in Brawley. This means that you would have paid your office visit copay, and received another bill from Pioneers on top of that. The amounts can vary from \$80-\$180 and would be applied to your deductible, which you would need to pay. If you are someone who has experienced this, and have not yet contacted ICSVEBA about this, we would like to hear from you. Please contact our Member Services at (800) 633-2683, or [icsvebaservice@hubinternational.com](mailto:icsvebaservice@hubinternational.com) to share.

Website...	<a href="http://www.icsveba.org">www.icsveba.org</a>	<a href="http://www.deltahealthsystems.com">www.deltahealthsystems.com</a>	<a href="http://www.express-scripts.com">www.express-scripts.com</a>
Access this site for...	An array of information about your Health & Welfare Plans	Up-to-date Medical claims information	Ordering and tracking your maintenance medications